

WORKSHEET

A. Read carefully the examples of responsible consumption below.

1. I bring my own bags when I go shopping.
2. When I go out of the room, I make sure to turn off the lights.
3. When brushing my teeth, I save water by closing the tap.
4. When grocery shopping, I prefer products that are not over-wrapped or the ones that come in a recyclable box.
5. I don't use things that contain palm oil.
6. For special occasions, I prepare thoughtful, personal gifts rather than buy ones.
7. When using the photocopier, I always make double-sided copied.
8. Before buying something, I ask myself if I really need it.
9. When consuming, I respect the 5R principles: reduce, re-use, and recycle, re-think, refuse.
10. At home, I do my own composting or I participate in a composting at school.
11. I walk to school or use public transport.
12. I work regularly in the school garden.

B. It is early morning. You are still in bed. It is a week day, so you will go to school, and, in the afternoon, you will join your parents to shop some groceries.

Which of the responsible consumption actions listed above can you follow today ?

ESTIMATED HOUR	RESPONSIBLE CONSUMPTION ACTION

Responsible consumption *Appendix 1*
